Year	Location	Athlete	Event	Performance	Placing
2022		Erin Vringer	6.0km	21:55	1st
		SJTF (U20 Team) Erin Vringer, Sierra Rodrigues, Hilary Bishop, Ivy Bialowas (Geogia Bernhard, Eve Carreau, Halle May)	6.0km	23:17 avg	1st
		Sierra Rodrigues	6.0km	23:15	7th
2021	Ottawa, ON	Geneviève Lalonde	10.0km	36:21	1st
		Jared Howse	8.0km (U20)	26:31	2nd
		SJTF (U20 Team) Jared Howse, Will Boyle, Cam Harris, Sam Lamont	8.0km (U20)	28:10 avg	2nd
		Ivy Bialowas	6.0km (U18)	24:15	8th
2020	CANCELLED	-	-	-	-
2019	Abbotsford, BC	Geneviève Lalonde	10.0km	33:22	1st
		Erin Vringer	4.0km	13:57	1st
		SJTF (U20 Team) Jeremy Neuffer, Aidan Donnelly, Chance Blackstone, Luke Phillips, (Evan Smith, Ian Baldwin)	8.0km	27:38 avg	6th
2018	Kingston, ON	Geneviève Lalonde	10.0km	33:47	1st
		Erin Vringer	4.0km (U16)	14:32	5th
		SJTF (U20 Team) Isaac Cull, Dawson Nancekieville, Mitchell Spargg, Aidan Donnelly,	8.0km (U20)	27:53 avg	7th

		(Alex Clemis)			
2017	Kingston, ON	Laura Dickinson	5.0km (U20)	21:37	7th
2016	Kingston, ON	-	-	-	-
2015	Kingston, ON	Ryan Cassidy	10.0km	30:18	7th
2014	Vancouver, BC	Barry Britt	10.0km	32:36	4th
		Ryan Cassidy	10.0km	32:39	5th
2013	Vancouver, BC	Ryan Cassidy	10.0km	32:03	4th
2012	Vancouver, BC	Ryan Cassidy	10.0km	30:20	7th
2011	Vancouver, BC	Ryan Cassidy	8.0km (U20)	26:20	1st
		Barry Britt	10.0km	32:49	2nd
2010	Guelph, ON	Geneviève Lalonde	7.0km (U20)	24:35	7th
		Alex Coffin	8.0km (Masters)	27:00	5th
2009	Guelph, ON	Geneviève Lalonde	5.0km (U18)	17:28	3rd
2008	Guelph, ON	Joël Bourgeois	10.0km	31:53	7th